

NEWSLETTER

JANUARY 2025



A MESSAGE FROM US,

Dear Residents, Families and Friends,

Happy New Year! As we step into another year filled with hope and possibilities, we would like to take a moment to reflect on the past year and share out excitement for what lies ahead here at Fauld. Each day we are privileged to provide compassionate care and support to our beloved residents, making sure we have a community that thrives on respect, dignity and love.

In this newsletter you will find highlights of the joyous moments we celebrated together last year, as well as exiting events we have planned for the year ahead.

Our dedicated team of staff are continually working to create a vibrant environment that promotes health and happiness. We believe that every resident deserves to feel valued and cherished, and we look forward to strengthening our bonds with you and your families in the coming months.

As we begin the new year, we invite you to join us in our journey of growth, joy, and community. Together, we can create lasting memories.

Thankyou for being an integral part of our home,

Wishing you all a year filled with peace, joy and good health.

Warm regards,

The Fauld House Team

January trivia

January is named after the Roman God Janus, who is the god of beginnings, endings, doors & gateways.

Zodiac signs: Capricorn & Aquarius

Birthstone: Garnet

Flower: Holly

Quote of the Day

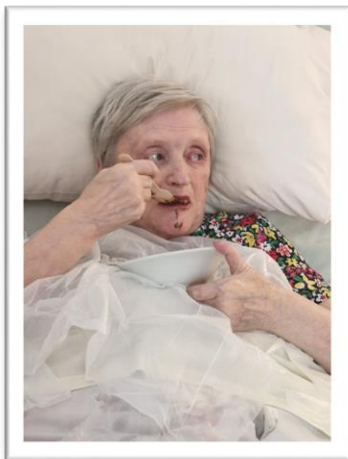
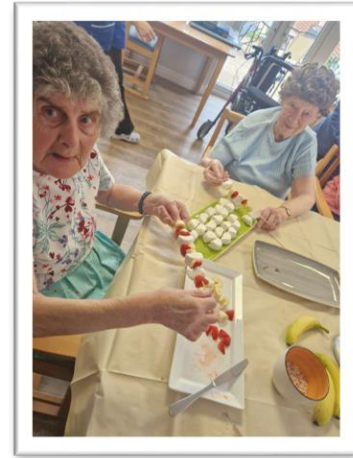
*What the new year
brings to you will
depend a great deal
on what you bring to
the new year*

-- Vern McLellan

2024 RECAP

Chocolate Fun

Residents thoroughly enjoyed the chocolate fountain when it came out, with fruit, marshmallows & lots of goodies.

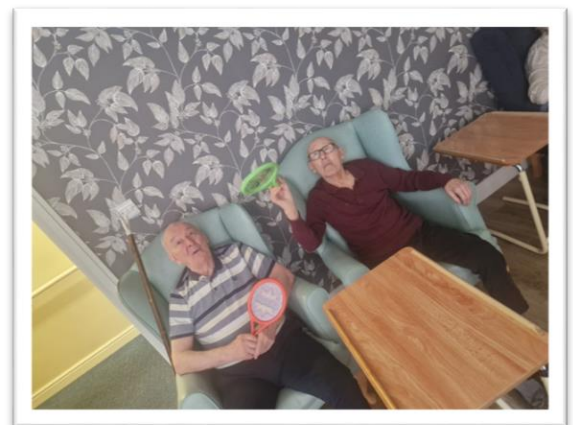


Bed space activities

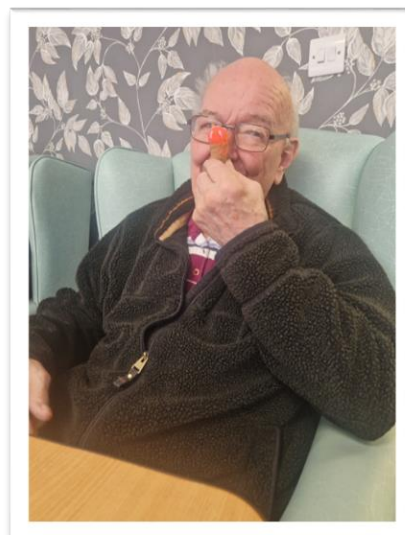
Even when residents are feeling a bed day, we ensure they don't miss out and make sure they get to be involved in what's going on in communal areas.

Active

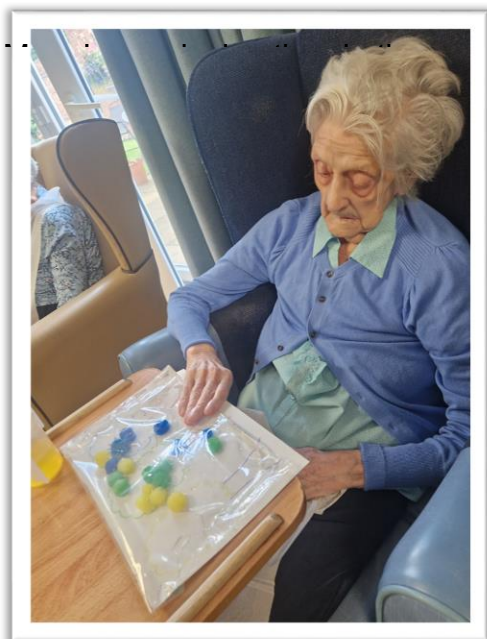
Not everyone is able to join in with our weekly Wednesday chair exercises, however we make sure movement is implemented in different forms whether that be throwing and catching or a well loved game of balloon tennis



2024 RECAP



We spent many hours round the table crafting



FAULD HOUSE OSCARS AWARDS EVENING!

In November 2024 we held our first Oscar Themed awards ceremony, we had a buffet specially prepared from the Kitchen Staff, drinks were flowing and some top-class entertainment from Mike Surman! A Wonderful Evening was had by all, residents, staff, family and friends and most importantly the Staff were presented with awards for outstanding achievements across all job roles.



JANUARY dates

Wednesday 1st

New Years Day

Monday 20th

Jane Rowe Poetry

Friday 24th

Burns Night – Traditional Haggis Lunch and Bagpipe Player at 2pm

Wednesday 29th

Chinese New Year Celebrations – ongoing activities all day

Every Wednesday pm

Chair Exercise with Emma



Special Days

1 st	New Years Day
6 th	Epiphany
8 th	Elvis Presley's Birthday
19 th	International Flower Day
21 st	International Hug Day
25 th	Robert Burns Day
25 th	Big Garden Bird Watch
29 th	Chinese New Year

JANUARY Birthdays

In January, we celebrate birthdays with:

- **Brenda M**
- **Carol C**
- **Lizzie K**



Birthday Spotlight:

Elvis Presley – 8th January 1935

Elvis was an American singer, songwriter and actor who was a major figure in the music and film industries.

Elvis is considered one of the best-selling solo artists of all time, selling over one billion records worldwide.

Elvis is often referred to as the King of Rock 'n' Roll. He has been inducted into five Halls of Fame: Rock 'n' Roll, Country, Gospel, Rockabilly and R&B.

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, and disciplined and have good managers

Aquarius (Jan 20 – Feb 18)

Aquarius are innovative, progressive and shamelessly revolutionary.

WOW!

Spotlight of the Month: The Invention of Television

In January 1926, Scottish inventor John Logie Baird demonstrated the first working television in London.

Poem to Share

January brings the snow,
makes our feet and fingers glow.

February brings the rain,
Thaws the frozen lake again.

March brings breezes loud and shrill,
stirs the dancing daffodil.

April brings the primrose sweet,
Scatters daises at our feet.

May brings flocks of pretty lambs,
Skipping by their fleecy dams.

June brings tulips, lilies, roses,
Fills the children's hand with posies.

Hot July brings cooling showers,
Apricots and gillyflowers.

August brings the sheaves of corn,
Then the harvest home is borne.

Warm September brings the fruit,
Sportsmen then begin to shoot.

Fresh October brings the pheasants,
Then to gather nuts is pleasant.

Dull November brings the blast,
Then the leaves are whirling fast.

Chill December brings the sleet,
Blazing fire, and Christmas treat.

Sara Coleridge

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Shirley**
- **Carol**
- **Alan**
- **Wilf**

We hope that you enjoy your time here!

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

NEW STAFF

A warm welcome also goes to the people who joined our team in the past few months!

We hope that you enjoy your time here!

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to the team, or email us anytime.

jodie.clamp@fauldcare.co.uk

Thank you!

Noticeboard



BOOKS

Many of you will be aware we have a library of books in the Front Porch, these are available to be swapped and read by all, if you have any old books to donate please leave on the shelf for others to enjoy.

THANK YOU

We would like to issue a heartfelt thanks to relatives and friends who support us day in and day out. You make such a difference and we so very much appreciate your time and energy.

HAIRDRESSER & NAILS

We have our lovely hairdresser (and senior carer Steff) in the home.

The Activity team have a huge range of nail polishes & pamper products. These are used regularly however, if you think your relative would enjoy having something done please ask.

Laughing Matters



Nice Tie

A man walks into a nearly empty bar and orders a drink. He's sitting alone at the end of the bar, sipping away, and he hears a voice.

"Nice shirt."

He looks around and sees no one nearby. He forgets about it and continues drinking.

"Nice tie," the voice says again.

He looks around a second time. The bartender and all other customers are at the other side of the room. Confused, the man calls the bartender over and asks about the mysterious voice that admired his clothing.

"Oh, that's the peanuts," the bartender said.

"The peanuts?" asked the man.

"Yeah, they're complimentary."

The Grocery Store

I went down the street to the 24-hour grocery. When I got there, the guy was locking the front door.

I said, 'Hey, the sign says you're open 24 hours.'

He said, 'Yes, but not in a row.'

Word Search

HOLIDAY MOVIE CHARACTERS



C	T	G	E	O	R	G	E	B	A	I	L	E	Y	E	F
H	D	G	R	I	N	C	H	G	V	Z	I	Y	V	Q	K
A	H	B	U	D	D	Y	T	H	E	E	L	F	Y	G	R
R	S	C	I	S	S	O	R	H	A	N	D	S	Z	U	I
L	O	U	E	L	I	Z	A	B	E	T	H	G	B	X	S
I	R	U	D	O	L	P	H	M	K	E	V	I	N	M	K
E	S	I	I	B	Q	V	I	R	G	I	N	I	A	D	R
B	F	R	O	S	T	Y	G	R	I	S	W	O	L	D	I
R	O	U	B	O	B	C	R	A	T	C	H	I	T	O	N
O	Q	D	Y	V	O	J	I	M	H	A	R	D	Y	R	G
W	A	O	E	H	N	E	A	L	P	A	G	E	P	R	L
N	R	A	L	P	H	I	E	C	L	A	R	E	N	C	E
F	B	E	T	T	Y	A	N	D	J	U	D	Y	E	L	Y
O	Y	M	A	R	Y	C	O	R	N	E	L	I	U	S	C

Find the underlined words

<u>Rudolph</u>	<i>Rudolph the Red-Nosed Reindeer (1964)</i>
<u>Grinch</u>	<i>How the Grinch Stole Christmas (2000)</i>
<u>Frosty</u>	<i>Frosty the Snowman (1969)</i>
<u>Buddy the Elf</u>	<i>Elf (2003)</i>
<u>Virginia</u>	<i>Yes, Virginia, There is a Santa Claus (1991)</i>
<u>Betty and Judy</u>	<i>White Christmas (1954)</i>
<u>Bob Cratchit</u>	<i>A Christmas Carol (1984)</i>
<u>Kevin</u>	<i>Home Alone (1990)</i>
<u>George Bailey</u>	<i>It's a Wonderful Life (1946)</i>
<u>Griswold</u>	<i>National Lampoon's Christmas Vacation (1989)</i>
<u>Ralphie</u>	<i>A Christmas Story (1983)</i>
<u>Kris Kringle</u>	<i>Miracle on 34th Street (1947)</i>
<u>Jim Hardy</u>	<i>Holiday Inn (1942)</i>
<u>Charlie Brown</u>	<i>A Charlie Brown Christmas (1965)</i>
<u>Clarence</u>	<i>It's a Wonderful Life (1946)</i>
Yukon <u>Cornelius</u>	<i>Rudolph the Red-Nosed Reindeer (1964)</i>
<u>Elizabeth</u> Lane	<i>Christmas in Connecticut (1945)</i>
Edward <u>Scissorhands</u>	<i>Edward Scissorhands (1990)</i>
<u>Neal</u> Page	<i>Planes, Trains, and Automobiles (1987)</i>
<u>Mary</u> Quite Contrary	<i>Babes in Toyland (1986)</i>